

## **Whats For Dinner Mom?**

**Puppy Food.** Puppies are on "Purina Puppy Chow". Sprinkled with Nuvet powder: Vitamins. You don't have to buy this puppy food. And probably shouldn't. It's not the best. We feel like we can get away with it as our puppies get the nuvet vitamins and all kinds of supplements such as: apples, carrots, eggs, chicken soup....It works for us. But, when you can choose a better puppy kibble. Please do. I would use up the food we give you by mixing it with the food you choose. You'll need to mix 50/50.

### **Provide Food Dish 24/7 with dry puppy kibble type:**

Also, give a Treat 1x Daily: We give 2 Tbs.of Canned Chicken Pedigree Puppy Daily. And, a variety of **-modest** tiny portions of any 1-2 foods listed here:

**Fruits:** apple, raspberry, blueberry, banana, pineapple, pears, mango, peach.

**Veggies:** carrots ,lettuce, squash, pumpkin, cabbage, spinach, cucumber, beets, corn, zuchinni.

**Other:** honey n'oats cherrio's/chex, cooked oatmeal, cream of wheat, low sodium chicken soup, brown rice.

**Dairy:** cottage cheese, yogurt, very tiny piece's of cheese, start w/ **1/4 hard boiled egg** for puppies,

**Meat:** raw or cooked & drained meats. I did say Raw. It's safe-we did research on that. At first we would not try that but eventually we did. And, now we do often. The raw meat works like a natural antibiotic in stomach. It'll cleanse stomach and keep teeth clean. But, any slightly loose stools are momentarily cleaning the stomach out. And, do not last. We feed ground turkey chicken links @ room temperature. It's affordable and meatballs are fun. Dogs are designed to feed from Raw meat and not commercial treated shelf foods with color dyes.

Also, human grade liver cooked is on our puppy menu here as well.

**Avoid: Anything Frozen / pork / grapes / raisens / chocolate / onion / heavily fattening or fried foods, pig ears / hoofs, citrus fruits.**

**Remember. When giving Puppy Water, choose a safe water.** NO Calgon or similar w/ salt. this can kill a hamster in a few months time from **calcium/salt** deposits.Use reg. Tap, or mix 2 tbs. Karo syrup with 1gal distilled water. Or pedilyte type. Filtered water....